

Mai Kana Restaurant Treasure Menu Daily – (11am till 9.30pm)

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ENTRÉE

Garlic Bread or Herb Garlic Bread (V) \$8.50
Bruschetta (V) \$18.50

Pane di casa bread topped with tomato, feta cheese basil and parmesan cheese

Garlic Prawns (GFO)

Prawn cutlets in garlic butter, a touch of chilli and fresh herbs served with garlic bread or Jasmin rice

Entrée Serve \$22.50 Main Serve \$44.50

Green Lip Mussels in the shell (GFO)

In garlic & chilli served with garlic bread

Entrée Serve \$23.50 Main Serve \$35.00

Kokoda - (GFO) A Local Fish Favourite

“Walu” (Spanish Mackerel) fish marinated ceviche style in coconut milk and lime juice with finely diced vegetables served chilled in a fresh coconut and topped with Nama (fresh sea grapes when in season) and sliced chilli on the side

Entrée Serve \$23.50 Main Serve \$35.00

Salt & Peppered Squid- (GFO)

Lightly dusted Squid with floured pepper and wok fried served with fresh lime and mango salsa

Entre serve \$23.50 Main Serve \$36.50

Buffalo Chicken Wings

\$16.50

Deep fried chicken wings coated in a spicy homemade sauce, spring onions served with julienne garnish vegetables

SOUPS OF THE DAY

Please ask your wait staff for today's soup and price

Our Regular Favourite Soups

Dhal Soup with Roti (GFO)

\$13.50

Indian Soup with lentils simmered with vegetables, leafy greens, spices and herbs

Roti – Circular flat bread (salt & water) cooked on a hot plate

Seafood Chowder

\$24.00

This creamy based soup prepared with an assortment of fresh seafood (fish, prawn, mussel & lobster meat) and diced fresh vegetables served with garlic bread

LEAFY CHOICES

Chef's Salad (GFO)

Marinated with soy, ginger, garlic and sesame oil with green beans, julienne vegetables, egg noodles and toasted cashewnuts topped with preserved green papaw.

Vegetable \$19.50 Chicken \$24.00 Prawn \$33.00

Caesar Salad (GFO)

A tossed mix of cos lettuce, bacon, croutons and parmesan cheese with Caesar dressing and finished with a poached egg and Anchovies

Traditional \$20.50 Chicken \$25.00 Prawn \$35.00

Cajun Salad (GFO)

Fresh local lettuce, tomato, beetroot, cashewnuts, cucumber, olives, Cajun spices with mint yogurt dressing

Vegetarian \$18.50 Chicken \$24.50 Prawn \$29.50

A TASTE OF INDIA

LOCAL FIJI STYLE CURRIES

All curries are gluten free - served as mild / medium or hot (please tell your wait staff) with dhal soup, steamed rice, roti, tamarind chutney or tomato chutney and poppadums.

Butter Chicken (GFO)

\$29.50

Local boneless chicken style mild curry with yoghurt, butter and fragrant spices

Lamb Curry (GFO)

\$35.50

Authentic Indian lamb curry made with lamb shoulder. Simmered with fragrant spices caramelized onions and cooked until fork –tender

Fresh Fish Curry (GFO)

\$28.50

Mild but flavoured- packed curry catch of the day cooked in a coconut milk base with aromatic and fresh herbs

Coconut Prawn Curry (GFO)

\$38.50

Indian style prawn curry cooked in fresh coconut sauce.

Vegetarian Subzee (V) (GFO)

\$29.50

Includes three different types of fresh vegetable curries

Goat Curry (GFO)

\$35.50

Delicious pieces of tender goat meat on the bone cooked in authentic Indian masala sauce

Fiji Favourite Chicken Curry (GFO)

\$25.50

Bone in chicken thigh cooked in a dry masala gravy sauce

FRESH LOBSTER

Served with garden salad and choice of french fries mash potato or Jasmin rice

Lobster Mornay (500g) \$120.00

with a béchamel and cheese sauce

Grilled Lobster (500g) \$120.00

with garlic parsley butter sauce on the side

Whole Lobster (800g) \$190.00

Extra 100grams per lobster

\$25.00

Seafood Platter (GFO)

A fresh array of our most popular seafood. Kokoda, lobster mornay, garlic prawns, prawn cocktail, green lip mussels with garlic & chilli, fresh fish masala curry with roti chips, and beer battered fresh fish fillets of the day served with french fries and side garden salad, lemon and lime wedges, tartar sauces and cocktail sauces

Seafood platter for 1 \$160.00

Seafood platter for 2 \$265.00

SEA TO PLATE

Seafood Plate (GFO) \$59.50

Grilled fresh fish, garlic prawns, green lip mussels with garlic and chilli, traditional Kokoda served with garden salad and local deep fried root crops on the side.

Catch of the Day - (GFO) \$37.00

Grilled catch of the day served with lemon butter sauce on the side, choice of french fries, rosemary baked baby potatoes and choice of garden salad or steamed vegetables of the day

Fish & Chips (GFO) \$29.00

(Please see our Nalamu Light Menu)

Ika Vakalodo (GF) \$35.00

Catch of the day fillet poached in a coconut cream sauce and served with local steamed dalo and local spinach with grilled pineapple & tomato

Vuda Walu with Fresh Water Prawns \$59.50

Walu is Fijian for Spanish Mackerel a favourite fish of the islands. Pan fried topped with a creamy chardonnay sauce served fresh water prawns skewers and choice of baby baked rosemary potatoes or trio of local deep fried root crops and garden salad or steamed market vegetables of the day

Whole Fresh Fish of the Day

Choice of crispy or baked and comes with either steamed or deep fried local root crops or Jasmin rice choice of fresh garden salad or steamed garden vegetables of the day. Sauces on the side includes chilli Kikkoman, creamy lemon butter and garlic butter

1 Pax - \$ 57.00

2 Pax - \$ 89.00

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MEATY MAINS

Roasted Vuda Pork Belly 300g (GF)	\$49.50
Asian marinated roast pork belly with rosemary baked baby potatoes and honey glazed carrots, grilled pineapple and pork jus	
Chicken Parmigiana (GFO)	\$34.50
Tender chicken breast topped Napoli sauce and mozzarella cheese served with french fries, mashed potatoes or rosemary baby baked potatoes and fresh garden salad	
Nalamu Chicken Maryland	\$29.50
Boneless chicken thigh marinated in sweet Sesame soy, garlic ginger, topped in crispy bacon, pineapple fritters served with rosemary baby baked potatoes and a fresh garden salad or steamed garden vegetables of the day	
Herb Crust Lamb Rack Outlets (GFO)	\$69.50
Tender herb crusted lamb rack cutlets, grilled to your taste served steamed garden vegetables of the day, with choice of rosemary baby baked potatoes or mashed potatoes with lamb jus and mint sauce	
Fiji Plated BBQ (GFO)	\$42.50
Spicy Fiji style marinated lamb chops, chicken thigh, grilled lamb sausage, garden salad and deep fried cassava	

IMPORTED STEAKS

Our steaks are served with a choice of french fries, rosemary baked baby potatoes, mashed potato, or local root crops and choice of either steamed vegetables of the day or side garden salad. Please tell your friendly wait staff how you would like your steak cooked.	
Grilled Tender Sirloin Steak (GFO) 300g	\$49.50
Tender Grilled Rib Eye Fillet (GFO) 300g	\$59.50
Sauces to add to your steaks	
Choice of Mushroom, Pepper or Garlic Butter	
Add on Prawns (4)	\$18.50
Add on Lobster Tail (100 grams)	\$27.50

LA PASTA WITH GARLIC BREAD

Spaghetti Chicken Carbonara	\$33.50
Chicken strips, bacon tossed with creamy white carbonara sauce and parmesan cheese.	
Seafood Linguine	\$36.00
Fish, prawns, squid and mussels in a traditional rich Italian tomato sauce with lemon zest	
Spaghetti Bolognese	\$29.50
Tender beef hand minced in a rich Italian tomato sauce with herbs, garlic and shaved parmesan cheese.	
Vegetable Penne Pasta	\$25.50
Roasted red peppers, leafy greens, sun dried tomato, grilled red onion and parmesan cheese cooked in tomato base pasta sauce	
Al la Pesto	\$25.50
Linguine pasta served with fresh basil pesto, spinach, cashew nuts, sundried tomatoes and parmesan cheese	

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ASIAN CORNER

Stir Fry (GFO) (V)

Seasonal vegetables with sesame oil, sweet soy scented with Chinese five spices served with Jasmin rice	
Vegetable	\$19.50
Chicken	\$25.50
Lamb	\$32.50
Prawn	\$36.50
Combo-(select 2 meats)	\$34.50

Fried Rice (GFO) (V)

Brunoised seasonal vegetables, cooked with sesame oil, ginger, garlic, fried shallots, soy sauce, oyster sauce seasoning with Basmati rice	
Vegetable	\$19.50
Chicken	\$25.50
Lamb	\$32.50
Prawn	\$36.50
Combination-(select 2 meats)	\$34.50

A TASTE OF INDIA

LOCAL FIJI STYLE CURRIES

All curries are gluten free served as mild / medium or hot (please tell your wait staff) comes with dhal soup, steamed rice, roti, poppadum, choice of tamarind chutney, tomato chutney or raita (yoghurt, cucumber, carrots finished with Jeera, blended cumin seed)

Butter Chicken (GFO)	\$29.50
Local boneless chicken style mild curry with yoghurt, butter and fragrant spices	
Lamb Curry (GFO)	\$35.50
Boneless shoulder lamb curry simmered with fragrant authentic Indian spices, caramelized onions and cooked until fork –tender	
Fresh Fish Curry (GFO)	\$28.50
Mild but flavour packed curry catch of the day cooked in a coconut milk base with aromatic sauce and fresh herbs	
Coconut Prawn Curry (GFO)	\$38.50
Indian style prawn curry cooked in fresh coconut curry sauce	
Goat Curry (GFO)	\$35.50
Delicious pieces of tender goat meat on the bone cooked in authentic Indian masala sauce	
Fiji Favourite Chicken Curry (GFO)	\$28.50
Bone in chicken curry cooked in a dry masala gravy sauce	
Vegetarian Subzee (V) (GFO)	\$29.50
Includes 3 different types of fresh vegetable curries	

Extra's

Roti or Poppadum	\$1.00
Chutney	\$2.00
Rice	\$2.50
Dhal Soup	\$5.00

NALAMU LIGHT MENU

Available from 11am – 9.30pm

(Our BURGERS are served with fresh bun & GFO option without the bun or with Gluten free bread)	
Bula Burger (the lot)	\$29.50
Beef pattie, cheese, tomato, beetroot, pineapple, egg, bacon, onion and Chef's special tomato salsa with french fries	
Cheese Burger	\$23.50
Beef pattie, cheese, tomato, onion, lettuce and BBQ sauce with french fries	
Chicken Burger	\$22.50
Chicken pattie, lettuce, tomato, onion, cheese with french fries and homemade sauce	
Fish Burger	\$23.00
Fresh crumbed fish pattie, lettuce, tomato, onion, cheese with french fries and tartar sauce	
BLTC Sandwich	\$19.50
Bacon, cheddar cheese, tomato and lettuce with BBQ sauce and french fries	
Toasties - served with french fries, choice of wholemeal bread or white bread	
Cheese & Tomato (V)	\$13.50
Ham & Cheese	\$16.50
Tuna & Cheese	\$16.50
Chicken & Cheese	\$16.50
Club Sandwich	\$24.50
Chicken, bacon, egg, lettuce, tomato, cheese, red onion, mayonnaise served with french fries. Choice of toasted whole meal or white bread.	
Chicken Schnitzel	\$25.50
Crumbed tender chicken breast, with garden salad and french fries	
Fish & Chips (GFO)	\$29.00
Choice of beer battered, crumbed or grilled fresh fish of the day served with french fries, side salad and home-made tartar sauce and tomato sauce	
Tandoori Chicken Wrap with french fries	\$21.50
Chicken strips, julienne vegetables, fresh lettuce, cheese and raita dressing.	
Lamb Wrap with french fries	\$23.50
Lamb strips, julienne vegetables, fresh lettuce, cheese and garlic aioli	

ON THE SIDE

Mashed Potatoes or Baked Baby Rosemary Potatoes	\$9.50
Bowl of french fries (GFO)	\$13.50
with aioli or tomato sauce	
Bowl of potato wedges (GFO)	\$14.50
served with sweet chili sauce and sour cream	
Deep fried Local Root Crops (GFO)	\$13.50
Dalo, cassava & kumala with garlic & chilli glaze	
Steamed Local Root Crops (GFO)	\$12.50
Choice of dalo, cassava or kumala	
Side Garden Salad (GF)	\$14.50
Choice of Thousand Island or Vinaigrette dressing	
Steamed Jasmin White Rice (GF)	\$5.00
Steamed Vegetables (GFO)	\$8.00
-Broccoli or Pumpkin with Garlic Butter	
-Green Bean & Carrot with Garlic Butter	
-Bok Choy soaked in cooking Wine	

PIZZAS

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HAWAIIAN

Ham Pineapple & Cheese

Small 9" \$17.50 / Regular 12" \$29.50 / Family 18" \$49.50

MARGARITA

Tomatoes, Napolitano sauce with basil & cheese

Small 9" \$17.50 / Regular 12" \$27.50 / Family 18" \$48.00

VEGIE GARDEN

Local spinach, capsicum, onion, olive, mushroom
tomato & cheese

Small 9" \$18.50 / Regular 12" \$28.50 / Family 18" \$38.50

TANDOORI CHICKEN

Tandoori chicken, onions, capsicum, tomato,
coriander & cheese

Small 9" \$20.50 / Regular 12" \$32.50 / Family 18" \$49.00

PEPPERONI PUGLIESE

Pepperoni, mushrooms, olives, onion, capers
cheese

Small 9" \$21.00 / Regular 12" \$34.00 / Family 18" \$51.50

PRAWN

Sautéed prawns in garlic, onion, capsicum
coriander & cheese

Small 9" \$24.00 / Regular 12" \$39.50 / Family 18" \$52.50

THE YAVA

Chicken, bacon, garlic, BBQ sauce & cheese

Small 9" \$26.00 / Regular 12" \$42.50 / Family 18" \$55.00

Extra topping \$5.50 per topping

Take Away Box \$5.00

NALAMUNPPERS CHILDRENS MENU

Kids meals are strictly for 12 years and under only

Crumbed Chicken with french fries \$15.50

Spaghetti Bolognaise (Beef) \$15.50

Penne Pasta in tomato base with cheese \$13.50

Beef Burger (GFO) with french fries \$15.50

Chicken and Vegetable Fried Rice (GFO) \$15.50

Hawaiian Pizza (ham & pineapple) \$18.50

Veggie Pizza or Chicken Pizza \$17.50

Margarita Pizza cheese on a tomato base \$17.50

Macaroni and Cheese \$11.50

Fish & Chips (GFO) \$15.50

Grilled, battered or crumbed with french fries

DESSERT

Cream Brulee (GFO) with berry compote \$17.50

Chocolate Mud Cake \$15.50

with rich chocolate ganache and vanilla ice cream

Baked Lemon Cheese Cake \$22.50

with mixed berries compote & local vanilla ice
cream

Fresh Banana Split \$15.50

Local Banana served with 3 scoops of Vanilla ice
cream topped with whipped cream and chocolate
sauce, cherry and crusted peanuts

Bowl of Ice Cream with tropical fruits \$14.50

2 scoops vanilla ice cream with diced fresh fruits

3 scoops of Ice Cream with topping \$17.50

3 scoops of ice cream each of different flavour
with tropical fruit compote

Plate of 3 seasonal fresh tropical fruits \$13.50